REGINA metro®

NEWS WORTH SHARING.

Mobile Glass Replacement for all domestic makes and models, foreign vehicles, industrial vehicles and heavy equipment.

novus
AUTO GLASS REPAIR & REPLACEMENT

Call today for convenient, fast, friendly, at-your-door trusted service!

260 Albert Street · 306.525.6444 · novus@sasktel.net · www.novusregina.com

GET JIGGY WITH IT

IN A METRO EXCLUSIVE, WILL AND JADEN SMITH SIT DOWN TO DISCUSS WORKING TOGETHER, THE FUTURE OF OUR PLANET, THE POSSIBILITY OF A FRESH PRINCE JR., AND MOM JADA'S FACEBOOK POST ABOUT HER AND WILL'S 'GROWN RELATIONSHIP'

PAGES 8-11

Have you signed the petition yet?

Regina Water Watch.ca

Keep Water Public!

Carly Rae Jepsen receives the Juno for album of the year for Kiss during the 2013 Juno Awards in Regina on Sunday. Jepsen also received Junos for single of the year with Call Me Maybe and pop album of the year. For more Junos coverage, see pages 2, 3 and 7. LIAM RICHARDS/THE CANADIAN PRESS

Juno Awards a hit in Regina and Moose Jaw

It was music to our ears. Big crowds, enthusiastic volunteers throughout national recording industry's weeklong celebration

ROSS ROMANIUK
ross.romaniuk@metronews.ca

It did indeed get loud, and Regina and Moose Jaw did the Juno Awards proud in their inaugural foray into hosting the national music showcase.

From rocking nightspots, downtown Regina's packed Gonna Get Loud tent and cash registers ringing to the tune of a projected total $10-million impact on the area's economy, Juno Week was every bit the hit that had been anticipated when the local host committee began putting it together.

"It's been a very phenomenal week for us," Mike MacNaughton, chairman of the Regina host committee, said on Sunday before star singer Michael Bublé hosted the nationally televised main Juno Awards event at the Brandt Centre.

"And the citizens of Regina and Moose Jaw have just come out in full force for the events. We're very thrilled."

To MacNaughton, the week's success was seen, in part, in the "amazing" ticket sellouts throughout Junofest, which involved a long lineup of performers including Yukon Blonde, Corb Lund and Jim Cuddy taking stages at some 15 venues in both cities on Friday and Saturday nights.

That success, he said, was also seen in Moose Jaw native Kevin Churko's Juno Award, won in tandem with his son Kane, on Saturday for recording engineer of the year. And, he added, in the way about 600 volunteers stepped up to "work tirelessly" in a range of services and venues that needed them.

"These kinds of events just don't happen without that volunteer support," MacNaughton pointed out.

"Once again, the citizens of Regina and Moose Jaw have come out in force and made this event possible."

MacNaughton noted, as well, that regional organizers "will be pretty close" to breaking even financially after budgeting $550,000 for the host committee and paying a $1.5-million licence fee to the Canadian Academy of Recording Arts and Sciences.

Musicians exchange stories, tunes at songwriters circle

Juno Awards. Crystal Shawanda, who won aboriginal album of the year, seemed to particularly impress the enthralled crowd

JEFF MACKEY
jeff.mackey@metronews.ca

From left, Tom Cochrane, Crystal Shawanda, Colin James, Classified and David Myles on stage at the Juno Songwriters' Circle. JEFF MACKEY/METRO

Canada has a long and proud tradition of songwriting, and folks at Casino Regina got to take in some of that legacy on Sunday during the Juno Songwriters' Circle.

The event was hosted by Canadian songwriting heavyweight Tom Cochrane, who traded stories and songs with his illustrious guests.

On Saturday, the Canadian Academy of Recording Arts and Sciences (CARAS) and the Junos honoured Cochrane with the Allan Waters Humanitarian Award for his work both inside and outside Canada.

"It was quite an honour but it draws on quite a cacophony of emotions," said Cochrane.

"I think it is wonderful that CARAS and the Junos have something like that.... We as musicians and an industry need to represent humanitarianism because we probably affect people more than any other industry."

Joining him on stage was an eclectic mix of musicians including Classified, David Myles, Colin James, Kathleen Edwards, Bahamas, Danny Michel and Crystal Shawanda.

The songwriters traded tales from the road as well as some lyrical insight into some of their most popular works.

Shawanda, who won Aboriginal Album of the Year at Saturday's Juno Gala, seemed to leave quite an impression on the crowd.

"I think Crystal Shawanda is going to be a star for a long time," said concertgoer Gordon Desbrisay.

"But it was all fantastic; it was great to hear all the different vibes and see the different performers," he said.

One dead, one injured

Woman charged with murder and attempted murder

City police have arrested a young woman in Regina's fourth homicide of the year.

Investigators began probing the death of the 37-year-old female victim shortly before 3 a.m. on Friday, after she had succumbed to her severe injuries.

The victim has been identified as Heather Rae-Anne Lavallee.

After also finding a man with less serious injuries at the house on the 1800 block of Atkinson Street, officers went to another nearby house on the street and took a total of three adults into custody.

The probe led to police later charging Melanie Nicole Bird, 19, with second-degree murder, as well as attempted murder and breach of probation.

Bird will appear in provincial court in Regina on Monday. METRO

Ongoing investigation

Man's body discovered

Regina police are investigating the death of a 22-year-old man discovered Sunday morning.

Police were dispatched to the 3900 block of 17th Avenue at approximately 6:20 a.m. Upon arrival they found a man outdoors on the ground. Emergency Medical Services confirmed the man was deceased on scene.

The investigation is ongoing and police have not released the name of the deceased, nor has it been determined if this is a criminal investigation. METRO

New life for old art

Slate Fine Art Gallery. Flooring tiles from the Regina International Airport saved from trash

ROSS ROMANIUK
ross.romaniuk@metronews.ca

Gina Fafard, co-owner of the Slate Fine Art Gallery, says the re-use of the former Regina airport flooring hasn't gone unnoticed. ROSS ROMANIUK/METRO

Serendipity presented a way to recycle worn-out art and show it off to a different — and perhaps more appreciative — audience.

At Regina's new Slate Fine Art Gallery, the work of co-owner Gina Fafard is not only turning heads — it's tilting them down as well, as visitors notice floor tiles that had been on display elsewhere.

The tiles, adorned with the image of a prairie ground scene and teepee ring, comprised large sections of the floor at Regina International Airport until little more than a year ago, when staff removed them because of wear and tear.

That's when Gina and her father Joe Fafard, a renowned Saskatchewan artist, happened to see them being prepared for a garbage bin.

"He noticed right away, when he was getting off the plane, what was happening. So we were very lucky," she said. "We packed them up onto a luggage cart and took them out with us when we were leaving."

The tiles, bearing the work of artist Shelley Sopher, were brought to the commercial Slate gallery, which opened more than two weeks ago on 13th Avenue.

"It's our small kitchen and a washroom that we used the flooring for," Gina said, noting that several customers have recognized the flooring from the airport.

"A lot of people have been admiring it here."

What will you remember about the Junos?

Like all good things, the Junos must come to an end. Metro asked some attendees what they will remember when looking back on Regina's own Juno Awards.

JEFF MACKEY
jeff.mackey@metronews.ca

Mary-Lou Fletcher — Saskatoon

"It was hard to choose a single moment because it was really all strong ... I think the friendliness and the accessibility of it all and the vibe in the city — it was great."

Marli Blayoene — Regina

"I will remember the people being everywhere. It was really good exposure for our city; it is too bad the weather was so poor, though."

Raegan Cooper — Regina

"Oh boy! I will remember the experience and everyone being together and all these stars in one place. That never happens here."

Jordan Wu — Regina

"I feel like I will remember all of these famous people just walking around. It was really cool to be a part of it."

Join the REVOLUTION and enter to win $2,500 towards your education

See REVOLUTION in theatres today!

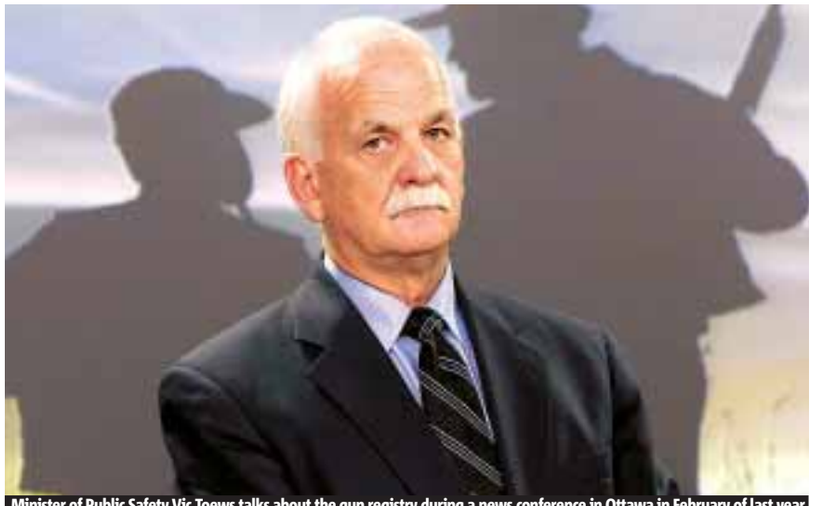
Group Sales tickets are now available at Empire and Cineplex theatres across Canada!

Submit a written or video essay on what you would do to start the REVOLUTION to save the environment in your community. Ten winners will be chosen from an exclusive committee consisting of Rob Stewart, Les Stroud, Andrew Weaver, Dr. Boris Worm and Ron Suter.

VISIT clubmetro.com TO ENTER

No purchase necessary. Contest open to residents of Canada, excluding the province of Quebec, who have reached the age of thirteen (13) years of age or older. Odds of winning depend on the calibre of eligible entries received. Ten (10) Grand Prizes are available to be won, consisting of one $2,500 cash prize to be used towards payment of post secondary schooling valued at $2500CDN). Contest closes May 17th 2013 at 12:59PM EST. To enter and for complete contest rules visit www.clubmetro.com

Splashy gun-registry announcements yanked



Minister of Public Safety Vic Toews talks about the gun registry during a news conference in Ottawa in February of last year. Public servants spent a month last fall preparing two splashy announcements heralding the destruction of the long-gun registry data only to have the events cancelled at the last moment without explanation. ADRIAN WYLD/THE CANADIAN PRESS

No explanation. At last moment, major national events became 'a note under the door'

Public servants spent a full month, at the "urgent" request of Public Safety Minister Vic Toews, preparing two splashy announcements heralding the destruction of the long-gun registry data — only to have the events cancelled at the last moment without explanation.

The final deletion of millions of registry records last Oct. 31 could be seen as a crowning achievement for a Conservative government that had campaigned against the registry for over a decade. Instead, Toews confirmed the destruction during a closed-door meeting in Regina in a manner that one puzzled gun advocate likens to sliding "a note under the door."

The local delivery was all the more puzzling given the taxpayer-funded resources poured into preparing two major "national" media events to mark the occasion.

As late as mid-afternoon on Oct. 29, less than 24 hours before the first media event, an email was circulated with fully developed plans for the two events attached.

And then, nothing. No events, no speeches, no photos, not even a news release.

Questions about why the communications material was prepared but not delivered were ignored by Toews' office this week.

THE CANADIAN PRESS

Public safety

Toews: We can learn from Boston

Lessons can be learned by the explosions at the Boston Marathon, Canada's public safety minister said Sunday.

Canadian security forces are equipped and prepared to respond to these kinds of incidents, Vic Toews told CTV on Sunday.

One important lesson is that all levels of policing and government must work together in the event of a terrorist attack, Toews said.

"We can always learn from this type of horrific experience," Toews said.

"I'm certain that police forces right across Canada are re-examining their plans in order to determine what can we do better in order to prepare for this type of possibility."

Meanwhile, the House of Commons will debate a piece of legislation on Monday that would give police more powers in the event of a terrorist attacks.

Among other things, it creates a new criminal offence that would apply to people leaving Canada for the purpose of committing certain terrorist acts abroad.

Boston bombings.
Suspects were planning more attacks, police say

Investigators believe that two brothers suspected in the Boston Marathon bombing were likely planning other attacks based on the cache of weapons uncovered, the city's police commissioner said Sunday.

As Boston-area residents came together in prayer and reflection, the surviving suspect in the bombing lay hospitalized under guard, apparently in no shape for interrogation.

What 19-year-old Dzhokhar Tsarnaev will say and when are unclear. He remained in serious condition two days after being pulled wounded from a boat in a backyard. The capture came at the end of a tense Friday that began with his brother, Tamerlan, dying in a gun battle with police.

There was no immediate word on when Tsarnaev might be charged and what those charges would be. The twin bombings killed three people and wounded more than 180.

Boston Police Commissioner Ed Davis told CBS' Face the Nation that authorities found an arsenal of homemade explosives after Friday's gun battle between and the two suspects.

"We have reason to believe, based upon the evidence that was found at that scene — the explosions, the explosive ordnance that was unexploded and the firepower that they had — that they were going to attack other individuals," Davis said.

Mourners attend a memorial for victims on Sunday near the site of the Boston Marathon bombings. KEVORK DJANSEZIAN/GETTY IMAGES

The scene of the gun battle was loaded with unexploded bombs, and authorities had to alert arriving officers to them and clear the scene, Davis said.

"This was as dangerous as it gets in urban policing," he said.

U.S. officials said an elite interrogation team would question Tsarnaev without reading him his Miranda rights, which guarantees the right to remain silent and the right to an attorney. Such an exception is allowed on a limited basis when the public may be in immediate danger, such as instances in which bombs are planted and ready to go off.

THE ASSOCIATED PRESS

cap-it®
THE TRUCK ACCESSORY STORES
cap-it.com
YOUR SOURCE FOR THULE RACKING SYSTEMS
THULE® SWEDEN
- Bike Racks
- Cargo Carriers
- Water sport
- Roof Racks
- Hitch Racks
- Luggage
805 Winnipeg St, Regina, SK • 306-522-7481

Delegation of Canadian vets heads to S. Korea

JOE LOFARO
Metro in Ottawa

Ret. Cpl. Frank Smyth said he wasn't trying to be a hero when he tried relentlessly to join the army two weeks after his 17th birthday, only to be turned away due to his age.

"Even though I kept paying people with bottles of booze to change my records, I kept getting caught," the Korean war veteran told Metro during an interview Saturday. "Someone said, 'Well, why did you want to go?' It's because that's where all my buddies were going."

Smyth is one of 36 Korean War veterans flying to South Korea — some for the first time since the armistice was signed in 1953 — who were gathered in Vancouver ahead of the trip.

Smyth finally arrived in Korea to support his friends after the armistice as a military policeman patrolling the DMZ at night, hearing the unsettling clanking of enemy tanks beyond the border.

The DMZ will be the first visit for this delegation on Tuesday, and Smyth said it will be an emotional one for him.

"Some of these men will be even more emotional than me because they laid in the dirt and fired weapons and held them off in the battle of Kapyong," said Smyth. "These guys really put it on the line."

Honouring our heroes

Veterans Affairs Canada has declared 2013 as the Year of the Korean War Veteran.

- A delegation of vets was invited to participate in a series of ceremonies marking the 60th anniversary of the end of the fighting.
- The 36 veterans were given certificates of recognition for their service by Veterans Affairs Minister Steven Blaney.

Russian billionaire tops U.K.'s rich list

Alisher Usmanov.
Tycoon has interests in mining and Internet companies

Russian billionaire tycoon Alisher Usmanov is seen in his Moscow office in this 2004 photo. THE ASSOCIATED PRESS FILE

After eight years at the top of an annual survey of the wealthiest people in Britain, steel magnate Lakshmi Mittal has conceded his place to Russian billionaire Alisher Usmanov.

The Sunday Times, which publishes the list, says Mittal's fortune suffered a 21 per cent fall in the past year to 10 billion pounds ($16 billion) as share values in his ArcelorMittal steel business shrank.

Lakshmi Mittal
GETTY IMAGES FILE

The Indian-born tycoon dropped to fourth on this year's list.

Usmanov, who owns interests in Russian mining and Internet companies and a stake in Britain's Arsenal soccer club, is valued at 13.3 billion pounds. He owns several homes in the U.K.

In total, the 1,000 wealthiest people named on the list boast a fortune of 450 billion pounds, the highest on record. THE ASSOCIATED PRESS

Wastin' away ...
Singers audition for U.S. Margaritaville complex

Four days and 50 versions of Margaritaville later, talent scouts for the Jimmy Buffett-themed restaurant, music and gambling complex that will open next month have a pretty good idea which acts they'll hire to perform there.

Bands, duos and solo artists travelled from hours away to audition last week for a prized entertainment slot at the $35 million complex scheduled to open Memorial Day weekend at Resorts Casino Hotel in Atlantic City, N.J.

Requirements include ability to play a wide variety of music, to accommodate audience requests, and, yes, to know at least a few Buffett tunes.

Not surprisingly, most of the acts opted for his tropical ode to frozen drinks and that mythical lost shaker of salt. THE ASSOCIATED PRESS

The Boca Chica Conchestra play conch-shells to Jimmy Buffett's Margaritaville in Key West, Fla. An Atlantic City complex will feature all things Buffett, including a giant blender to welcome guests. FLORIDA KEYS NEWS BUREAU/THE ASSOCIATED PRESS FILE

Open for business after Chinese quake

A woman opens her business in a shelter near her damaged shop, Sunday, after an earthquake in Yuxi village in southwest China. Saturday's earthquake in Sichuan province killed over 200 people and injured more than 11,000, China's Xinhua News Agency said. THE ASSOCIATED PRESS

'We are absolutely no Cyprus': Slovenian PM

Slovenian officials have a message for the world: Don't panic — we won't be the next to fall.

The tiny European Union member is trying to convince its people and foreign investors that it won't be the next in line for a banking-system collapse and a messy bailout.

"We are absolutely no Cyprus," says new Slovenian Prime Minister Alenka Bratusek. "We don't need help. All we need is time."

But time is running out for the Balkan state, once considered an East European success story and a model for the rest of the region on how to build a post-communist economy. With few specifics from leaders on a rescue plan, some economists are skeptical they can live up to their promises.

Slovenia desperately needs fundamental reform of its banking and economic system if it is to avoid the same fate as Cyprus, which was forced to ask for a bailout when it could not afford to support its bloated banking sector.

Now the fear is Slovenia could face the same fate. While its overall public debt load is well below the EU average, the country of two million is facing difficulties refinancing its debt. That has fueled fears that it could become the sixth eurozone nation to require assistance. THE ASSOCIATED PRESS

385 RUNNERS, ONE UNITED FRONT

URBAN COMPASS

Paul Sullivan
regina@metronews.ca

You can stand on the sidelines.

Or you can get in the race.

Sunday, 385 runners braved the coldest temperatures in the four-year history of the race and ran the Saskatoon Police Half Marathon. Next week, it's the 10th annual Regina Police Service Half Marathon.

Don't be surprised to see runners wearing blue and yellow, the distinctive colours of the world's most storied road race, and now the only one violated by a terrorist attack: The Boston Marathon.

Despite the cold, the Saskatoon turnout was greater than usual, and that might have had something to do with a cheeky tag line: "Run with us, not FROM us!" Those cops.

Or maybe it's because the Boston Marathon bombing has motivated more than one person to get off the sidelines and get in the race. Boston may seem as if it's a long way from Saskatchewan, but that's only if you don't understand running. Or runners.

Runners come in all shapes, sizes and speeds, but they are united by their commitment to join the race. And they are united by Boston. Anyone who has ever put one foot in front of the other has probably at least dreamed of running Boston.

Before last weekend, Boston was special because it's the elite race for ordinary runners, the only street marathon that requires participants to run a qualifying time in the year leading up to the race.

Before last weekend, the scariest thing about the storied 117-year-old event was Heartbreak Hill, which comes at mile 21, just in time to separate the tough from the timid.

It's not just any marathon, it's THE marathon.

It may not seem possible, but after the bombing Boston has been freighted with even more symbolism. Now, Boston conjures up chaotic images and emotions — a nightmare scenario of fanaticism, death and dismemberment, tempered by individual bravery and sacrifice.

The attack on Boston was an attack on a community and their families. It was an attack on running, which until last weekend was a symbol of empowerment, a way to shake off the stupefaction of a sedentary society and run free as we were meant to do.

In Saskatchewan, where just going for a winter jog can be an act of bravery, the police half-marathons are a chance for runners to reaffirm the code of the herd.

The terrorists tried to run, but they couldn't hide. Their motivations remain obscure, but if they were trying to intimidate the running community, they picked on the wrong crew. Road running is about endurance, about overcoming hardship. And it's about service, as everyone runs for someone or something.

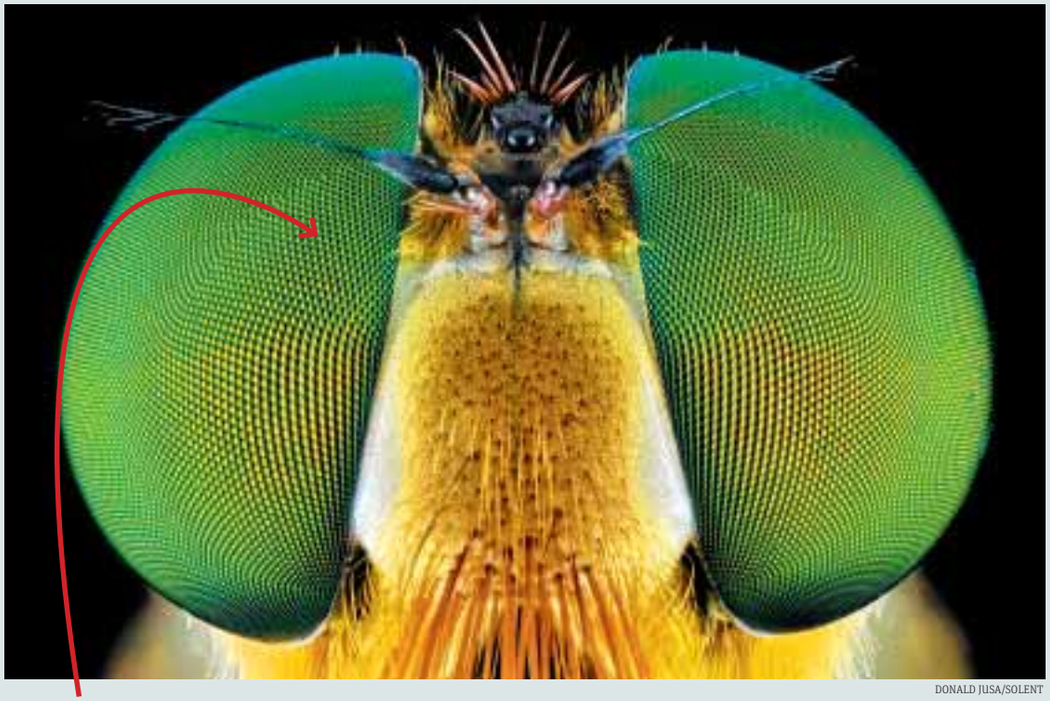
And now, more than ever, we run to affirm the human spirit, which is the antidote to terror. Run with us.

Commitment and dedication

The terrorists tried to run, but they couldn't hide. Their motivations remain obscure, but if they were trying to intimidate the running community, they picked on the wrong crew.

ZOOM

This will leave you bug-eyed



DONALD JUSA/SOLENT

Just another day around the office

The robber fly isn't camera-shy at all as it stands still to be photographed in intricate detail. Amateur photographer Donald Jusa from Indonesia used the concept of macro photography to create this unique picture. The 32-year-old geologist at a local coal mining company found these critters to snap near his office. **METRO**

Still photography

"The insect had to be completely silent and steady so that the photographs could be considered successful."

Donald Jusa, 32, geologist and amateur photographer from Bandung, Indonesia. He said he used a focus stacking technique which combines multiple images taken with different focuses to capture the detail and depth of focus in the image. He added that he was standing three centimetres away from the subject.

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

Should video games be considered art? Kidding! Who cares? The business grew to rival Hollywood without such lofty labels and will thrive without them. Either way, there's room for thoughtful criticism from people who don't go by Smokmadbluntz420 online. Here are three podcasts available on iTunes where you can find it.

Gamers With Jobs:

A nice mix of chatter about games, both video and board, from a cast of industry types with enough pull to book guests like Ken Levine, the brains behind the BioShock series.

Thirtyish Gamers:

Kids with controller in hand who grew up to become adults with controller in hand: The perfect mixture for a show that's equal parts sepia-toned nostalgia, sharp discussion about today's games and ambitious speculation about the future.

CAGcast:

If the two above sound a little too serious, this is your jam. An industry-savvy trio reviews new releases and provides the goods on where to secure the best deals in gaming. Add a dash of parenting horror stories and the quirks of living in Tokyo and you get one of the most reliably funny hours of the week.

Letters

RE: BPA In Most Canadians' Urine, Effects Unknown, published April 17

In the piece, bisphenol A or BPA is identified as being found in plastic "food and beverage containers."

Within the context of beverage containers used to package bottled water and other non-alcoholic consumer beverages, this statement requires clarification.

BPA is not used in the production of PET plastic-based beverage containers, which have been in use by the Canadian beverage industry for more than 25 years.

According to Health Canada, BPA is used to "make a hard, clear plastic known as polycarbonate, which is used in many consumer products, including reusable water bottles and baby bottles. It is also found in epoxy resins, which act as a protective lining on the inside of metal-based food and beverage cans."

Health Canada further states that "current research tells us the general public need not be concerned. In general, most Canadians are exposed to very low levels of bisphenol A, therefore, it does not pose a health risk."

John B. Challinor II
Nestlé Waters Canada
Guelph, Ont.

WE WANT TO HEAR FROM YOU:
Send us your comments: reginaletters@metronews.ca

metro
President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Regina** Tara Campbell • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Kim Kintzle • **Distribution Manager:** Darryl Hobbins • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson **METRO REGINA** 1916 Dewdney Avenue Regina, SK S4R 1G9• **Telephone:** 306-584-2025 • **Toll free:** 1-877-895-7194 • **Fax:** 1-888-243-9726 • **Advertising:** adinforegina@metronews.ca • **Distribution:** regina_distribution@metronews.ca • **News tips:** regina@metronews.ca • **Letters to the Editor:** reginaletters@metronews.ca

The Sheepdogs perform at the 42nd Juno Awards on Sunday. THE CANADIAN PRESS

Singing in Saskatchewan

Hometown proud. The Sheepdogs wow crowd while Jepsen hauls home the hardware

The Sheepdogs did the prairies proud with their performance at the 42nd Juno Awards, but the night really belonged to Carly Rae Jepsen.

The cheerful singer/songwriter and her rollercoaster summer smash Call Me Maybe won three trophies that all came at the expense of the teen superstar who helped discover her: Justin Bieber.

Jepsen had the biggest haul of the weekend with marquee wins for single, album and pop album of the year — all categories in which the absent 19-year-old pop pinup/tabloid spectacle from Stratford, Ont., was also nominated — at a briskly paced Prairies party at the Brandt Centre. The Mission, B.C., native seemed particularly stunned that her gold-selling DayGlo valentine to '80s pop Kiss triumphed in the biggest category of the evening, album of the year, over those multi-platinum efforts from Bieber and Celine Dion.

"Wow. I don't even know what to say. There are so many people who deserve this, and what an honour," she said.

Meanwhile, a confident Bublé gave the show its biggest dose of star power and was introduced to a boisterous response from the audience.

He opened the show with a self-deprecating pre-taped bit in which a series of celebrities — including Kelly Ripa, Gerard Butler, Dr. Phil and former host Russell Peters — doubted his ability to competently steer the program.

Seventy-eight-year-old Montreal troubadour Leonard Cohen also had a good weekend in the Saskatchewan capital, wresting his second Juno of the year — fifth of his career — for songwriter of the year after releasing his platinum-certified Old Ideas, a pitch-black rumination on mortality, aging and faith that topped the charts in Canada.

The award was accepted by his son, singer Adam Cohen, who said his father considered Canada "the beating heart of his career."

THE CANADIAN PRESS

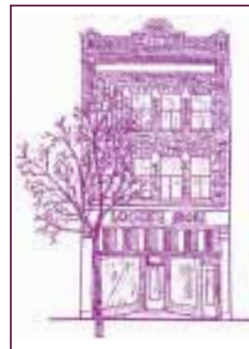
For a full list of winners visit metronews.ca

Juno fever

Jepsen the star of Saturday

The Juno Awards celebrated Canadian music stars old and new Saturday night as first-time winner Carly Rae Jepsen and veteran Leonard Cohen both scored major prizes while moody R&B singer the Weeknd led the field at a dinner gala where the bulk of the trophies were handed out.

Jepsen, the weekend's premiere nominee with a five-category haul, took pop album of the year over a stacked field that included headline-snatching superstar Justin Bieber, while Cohen won artist of the year over the both of them — his fourth career Juno. THE CANADIAN PRESS


1843 Hamilton Street
(Downtown) Regina
(306) 522-3492
www.loggieshoes.com

VAN ELI
WAPI

Loggie's SHOES

ALAN SILFEN

Talking life:

Interview. Metro's special guests talk about fathers and sons, girls and Jada, Bieber and hip hop, and why Jaden won't party

ELISABETH BRAW
elisabeth.braw@metro.lu

"Will's here," says an assistant.

No kidding. His laugh — familiar from 100 episodes of Fresh Prince — booms across the Hollywood soundstage as he arrives to meet me.

Despite being the single biggest star on the planet, with a net worth of $200 million, Smith still comes off as happy-go-lucky — and happy to laugh at his own jokes.

His son, Jaden, follows behind, serious, yet gracious. A box-office draw in his own right, after The Karate Kid, the 14-year-old toplines their new film After Earth, set 1,000 years into the future.

In it, Jaden's character braves a planet overgrown by wild creatures to save his injured father, played by Smith.

In an intimate, hour-long chat, the two discussed working together, Jaden's musical style and the inevitable: life with mom.

That very week, Jada Pinkett Smith posted a Facebook missive, clarifying earlier statements about her and Will's "open relationship," calling it instead a "grown relationship."

Smith talked about that as best he could, given that his young son sat right there.

You guys work together, live together — but online, I see videos of Jaden skateboarding, talking about girls—
Jaden: Um-hmm. Um-hmm.

So I wondered—
Will: Wait. (To Jaden) You be talking about girls a whole lot?

Jaden: In interviews, Dad. About them. I'm not online, like, "Hey, girls, hello!" (Mimes taking a photo of himself) Tweet!

Will, how aware are you of what Jaden's doing?
Will: Not much at all. Not much at all. That's what I like him to think. (Laughs) I have a group of Men in Black that keep up pretty good.
Jaden: This is what I've realized: No matter what I do or how I do it, he knows 100 per cent of what's going on.

Will: (Laughs)

Jaden: There's no point in hiding anything because he knows. Whether he acts on it or not, he knows.

How do you know he knows?
Jaden: I just know that he knows (Both laugh).

Will: I heard Jaden's friend one time, they were sitting around, talking about something and I came in the room and said, "Hi" and walked out of the room and paused for a second and I hear the friend saying, "Dude, I'm telling you, he knows! He knows!" (Both laugh uproariously)

When was the last time you were punished, Jaden?
Will: We don't do punishment. The way that we deal with our kids is, they are responsible for their lives. Our concept is, as young as possible, give them as much control over their lives as possible and the concept of punishment, our experience has been — it has a little too much of a negative quality. So when they do things — and you know, Jaden, he's done things — you can do anything you want as long as you can explain to me why that was the right thing to do for your life.

Jaden: It works pretty well.

But most teenagers aren't naturally introspective. Jaden, do you find that you ask yourself deep questions about your behaviour and acting accordingly?
Jaden: Yeah. Other teenagers go to parties and sometimes I be like, "Why am I here right now?" And most of the time, I just leave right then and there. Some things I don't like to do, that other teenagers do. Everyone thinks that since you make movies, you go to parties, and I like to party, but not normal teenage parties.

Will and Jaden Smith

ALAN SILFEN

The second coming

"I mean, people are already telling me I look like him, that I talk and walk like him. If I rapped like him too, people would be like, 'Let's go on the Fresh Prince tour.'" Jaden Smith

Are you missing out on a good ol' fashioned American childhood?
Jaden: Not at all. I go out and skate every night. Hang out with people, skate, hang out with more people, skate to their house.

Will: (To Jaden) What do you see as the purpose and point? So you're not going out and partying — what's the purpose, what's the point, what are you doing?

Jaden: It's not like I don't want to go to parties because I need to study and go to college; I just don't wanna go. If they're gonna play house music, I'm maybe interested, but if it's some random place and they're playing Waka Flocka Flame...

You're anti-generic.
Jaden: Exactly.

Will, how and when did you and Jada decide Jaden could handle a full-fledged movie career?
Will: You can never be certain. You have an idea. You can feel your kids, but until the things in their lives start to unfold and the things they cause begin to have effects, you can never totally see. But we felt that because they were choosing a business that we were both successful in, then at a minimum, we could give good advice.

You used the phrase "they were choosing" but did they choose? Jaden, you were going to the red carpet when you were in diapers.
Jaden: It was not going to the red carpet so people could see us, it was going to the red carpet because we had free tickets.

Will: That's what our life was. The family has a movie so they're going.

Jaden: It started with, our mom is going to the red carpet, she doesn't want to leave us with somebody so she's going to bring us. Then it got to us walking. And then it got to us starring in movies.

Jaden, your music is trippy. It's far from Will's feel-good beats. Is that consciously your own thing?
Jaden: I mean, people are already telling me I look like him, that I talk and walk like him. If I rapped like him too, people would be like, 'Let's go on the Fresh Prince tour.'

Fresh Prince and Fresh Prince Jr. — I would go to that tour.
Jaden: I had to go way left with it because if I came out with a song with me and a bunch of girls in a car with sunglasses on (the Pacific Coast Highway) going, 'Yeah!' they'd go, 'That's the average thing to do.' Instead I came out with the video for The Coolest and people were like, 'Whoa! The camera's going upside down.'

Will, can you even connect to his music, at your age?
Will: At 14, his mind is so much deeper and more complex than my mind was at 14 years old. Lyrically, where he goes and what he creates and how the things are conceptually is beyond what I could create at 14 years old.

Or even later in your career. Miami is not telling a complex story.
Will: Right. Poetically, he's beyond where I ever go to with my music. My strength is ideas. And record structure. I knew how to make records in the way you get to the hook when the crowd wants it.

Jaden: That's what you're really good at. You could go anywhere and be like, "When I say hip, you say hop," and they'll all say it! If I go up there, I'll say, "Alright guys, I'm gonna read you a Shakespearean sonnet real quick, here I go." (Both laugh)
The funniest part to me is the music, the old school sound of the music that I have in some of my songs is like what his old school beats used to sound like. It's just different. We're the opposite, but similar in some ways.

The DNA.
Will: That's my seed. Remember where you came from.

Jaden, would you produce Will's album?
Jaden: If you decided, like, "Alright Jaden, I'm serious, I want to make an album" —

Will: Oh, if I was serious?

Jaden: I mean, you have movies to make. Businesses you want to start. You're a busy man.

Will: I see how it is.

Jaden may be too big for you, Will.
Will: I know, I know. He's very serious and very focused and has a very rare combination of talent, desire, willingness and means. Which very, very rarely do those things come together and converge in the proper timing. So I'm excited to see what he decides to do with his life.

Jaden, what happens when you're 18 and Will kicks you out of the house.
Jaden: We'll probably work together till he retires and he probably won't retire.

Will: No we've been talking about, he's been thinking about becoming an emancipated minor.

Jaden: Just thoughts that pop into my head.

They made a movie about that — a girl divorced her parents.
Jaden: Really!

Rent that, get some tips.
Will: No, it's not like that. More the idea that, I want him to have as much command and freedom if he is willing to accept responsibility. Those are two concepts that are inexorably bound. So he's a very responsible young man so he's entitled to the maximum freedom. (To Jaden) I said "inexorably." You heard that? Someone Google that for Jaden.

Justin Bieber, who you're both friends with, has been in the press for some growing pains. Did you learn anything from his last six months?
Will: I talk to Justin once a week and Justin is suffering from immature adulthood in the media and surrounding world. Justin's not doing anything that a normal 19-year-old wouldn't want to do and wouldn't need to do to become a man. The transition from boyhood to manhood is a very difficult transition that he's handling on a world stage better than 95 per cent of the people who talk s— about him.

Bieber's on Twitter. Jaden, you're on Twitter. Will, what's up?
Jaden: He doesn't have one. Usually there'll be people who have a Twitter. He doesn't have one. He likes Facebook.

Will: I got 44 million people on Facebook. I'm just saying. I don't know how many people you got on Twitter.

Jaden: I knew you were going to say that.

Will: I'm just saying, I don't know how many people you got. How many people?

Jaden: Four million.

Will: Four million. Yeah. I got that after my first number.

Jaden: I feel like people on Facebook will just randomly follow just anybody.

Will: (Laughs hysterically)

Jada's on Facebook.
Will: Oh!

Jaden: Oh!

Will + Jaden: Ohhhhhh!

Will: Oh, Mommy be going in!

Jaden: My mom goes in on Facebook! She goes in!

Is she aware other people can read what she writes?
(Both laugh loudly)

Jaden: She'll be like—

Will: She'll call a family meeting.

Will + Jaden: (Doing Jada impression) "I'm posting this on Facebook!"

Jaden: (continuing impression) "I don't care what people say. If we get hit for this, this is what the truth of the world is." Uh, OK mom. She'll be on the phone with a manager, "I don't care what they said, I'm posting this on Facebook." I think she should write a book.

Will: Jada is very serious and opinionated and she loves Facebook because it's the only place she's ever had where she's felt like all of her can be received. She's struggled her whole life where only a part of her is OK.

In her posts, she can take a generality and break it down into a truth. She posted recently about you having a "grown relationship."
Will: A "grown relationship." (Looks down.)

Anything to add?
Will: She put some serious, hardcore truth out there. (Pauses) And I think, the five minutes we have left, aren't gonna be enough to cover it.

OK, on to the Earth Day issue then?
Will: Yes! Earth Day! Please!

The future. 24/7 health monitors, no cars: how we'll live our lives in 30 years, when Jaden Smith is his father's age

WELCOME TO 2043

ELISABETH BRAW
elisabeth.braw@metro.lu

Thirty years ago, in 1983, people didn't surf the Internet or talk on cellphones. There was no space tourism and supermarkets didn't stock their shelves with genetically engineered food. Now look 30 years into the future. You'll see yourself using performance-enhancing drugs, artificial limbs — and only speak to other humans infrequently.

"Evolution has come to an end," says Rohit Talwar, CEO of forecasting company Fast Future. "Physically, we humans are not developing anymore, so in the future we'll use all sorts of enhancement drugs to improve our abilities — for example, our cognition. Up to 90 per cent of university students already admit to using cognition-aiding substances."

In other words, we'll try to make ourselves smarter — and more successful in school and at work — by taking drugs. And we'll go about our smarter lives in better bodies. Futurists predict widespread use of artificial limbs, which may function even better than our natural ones. "And most of us will have the equivalent of an external hard-drive," predicts Talwar. "Like computers, we'll have memory in the cloud. And this is already happening, since cellphones essentially function like our external hard drives."

Indeed, technology will define our lives to a degree unimaginable today. "You think cellphones dominate our lives today?" asks Dutch futurist Erwin Van Lun. "2043 will be incomparable! Cellphones won't even exist anymore. We'll have a world where every window is a cellphone and camera. People will communicate through these windows in a very natural way, asking it about everything from their bank account balance to philosophical questions."

But there's a darker side, too. "We'll essentially be bots," notes Josh Calder, founder of forecasting firm Foresight Alliance. "Artificial intelligence will regulate every aspect of our lives, including our social lives. Artificial systems will help us connect with others because they can tell us who's like us. Of course, that's what's already happening on some dating websites." The chance encounter, the love-at-first-sight romance will be history as human interaction is reduced to a minimum, a luxury even. And as humans become islands connected by AI systems, politics will be reduced to a micro-sphere — your neighbourhood — and the heaviest macro issues, like foreign policy.

Perhaps even more worryingly, AI will put us out of work. "Because AI will be so pervasive, a large part of the workforce won't be needed," predicts Calder. "There's nothing that isn't partially doable by a bot. In order to avoid mass poverty, governments will have to pay all these people a stipend. Of course, if humans want other humans to perform a task, they can choose that option, even if it costs more. And humans will find work assisting AI systems. For example, any human can say, 'I just saw a dog jumping through a hoop'. AI systems can't do that easily."

And, even as they're making us redundant in the workplace, AI systems will be watching over us. "You'll be monitored 24/7 by your phone and be told whether you're having health issues, like a heart attack," elaborates Talwar. "That will drive health-care costs down because preventative care is cheaper."

Of course, a country can choose to minimize the role of AI. But it will do so at its own peril, as other countries steam ahead to AI-assisted economic success. Of course, these scenarios may not happen at all. The world could run out of energy, or there may not be enough money.

But, futurists agree, AI is here to stay and run our lives. Being a servant to computers, using artificial limbs, depending on drugs for your mental output: what's the point of putting children into such a world?

"But by not having kids you're just giving up on the future, because then the future will just be populated by the progeny of the oblivious," reflects Calder. "And while there may be aspects of the future that seem alarming to us, they will seem normal to our children. Humans are very resilient."

On the web

Metro columnist Richard Crouse lets us in on a little secret: Will Smith is the only star who matters. Find out why at metronews.ca

Technology. 'In 2043, computers will speak the language of humans'

ERWIN VAN LUN
Marketing Futurist
CEO/Founder Chatbots.org

Only 20 years ago, the Internet was opened to the public. Being the greatest innovation since the invention of the printing press, it has revolutionized the world. However, the revolution has just begun. In 2043, computers will speak the language of humans. They will no longer look like machines, but like real humans, the most natural interface ever introduced. These virtual humans will live in the cloud, not restricted to any "device." They will express emotions like humans, speak our language, even dialects, and understand our — often local — gestures. These AI characters will appear on floating, transparent camera screens, which will be as cheap as plastic bags today, and spread in all parts of the world, including the now-developing countries. Their incarnation, the humanoid robots, will assist us with many physical tasks. We'll work a lot less, maximum 15 hours per week, allowing us to focus on our core competence: being human.

43 THE FUTURE

Leisure. Why pay for airfare when you can walk the Grand Canyon at home?

L CHRISTOPHER KENT
Co-Founder of futures consulting firm Foresight Alliance.

The leisure of 2043 will be immersive. Cheap storage and easy recording mean any experience can be captured and replayed or modified. So gamers will be able to play against "real" professional athletes and, instead of reality TV, viewers can experience living the life of their favourite star — premieres! parties! shopping! — through footage licensed for use by the celebrity. Readers will have the option of reading the story or participating as a character. The same holds true for movies and television. Traveltainment will be popular, especially if climate change premiums on airfare put flying out of reach for many consumers. Tourists can walk the Grand Canyon or visit the Antarctic glaciers in their homes. Leisure time will be extended in most cases by the use of drones, robots, and 3D printing, all of which allow for tremendous time and labour savings, though for the workers in some industries, this could be an unwelcome development.

Work. We'll be happy, thin and work 6 to 10 jobs in our long lifetimes

ROHIT TALWAR
Futurist professional speaker and CEO of the foresight research firm Fast Future Research.

Entire industries will be transformed by advances such as 4D printing that will enable us to print objects that can actually change their properties and behaviour over time. Service industries and professional work will be impacted by artificial intelligence. In this world, careers will be transformed. Increasingly we'll take the option of studying online for free on courses run by major providers such as Harvard, with our coursework marked by AI programs. With life expectancy rising to 100 and beyond in developed economies, the idea of a career will change. We could easily have six to 10 careers over a working life that extends into our 90's. To cope in an intensely competitive world we'll use a variety of human enhancements to make us smarter, fitter and more effective. For example, we'll have bio-engineered body parts and exoskeletons and use smart drugs and electronic stimulus techniques. And advances in genetics have the potential to control conditions such as anger, stress and obesity.

WILL & JADEN

Metro's Special Guests take a look at what the world will be like in 2043, when Jaden is Will's age. The conclusion? An eerie resemblance to one of the latter Smith's earlier blockbuster films.

1 Mechanical arms?

Will: Yes, that's true. You can just have one for fun.

Jaden: I'd be one of those old school guys that's like, "No, all that new technology. I don't need one."

Will: (In old man voice) **"Newfangled technology. All these kids. People lived for thousands of years with no metal arms. Now every Tom, Dick and Harry got a new metal knee."**

2 Drugs that make you smarter?

Jaden: OK, I have a lot to say about this.

Will: Oh jeez.

Jaden: They've been storing information on DNA—they have made DNA—

Will: This is where we go too far.

Jaden: They have stored all of Shakespeare's sonnets on something this big (holds up small tape recorder). **Now if they can put information into artificial DNA cells, then I feel they could apply that to our DNA in our brain and we'll be able to download things onto our bodies.**

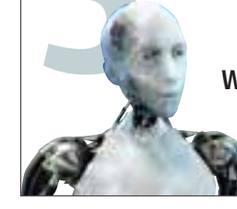
Will: That's deep.

3 Experts also say we become bots. Is this positive?

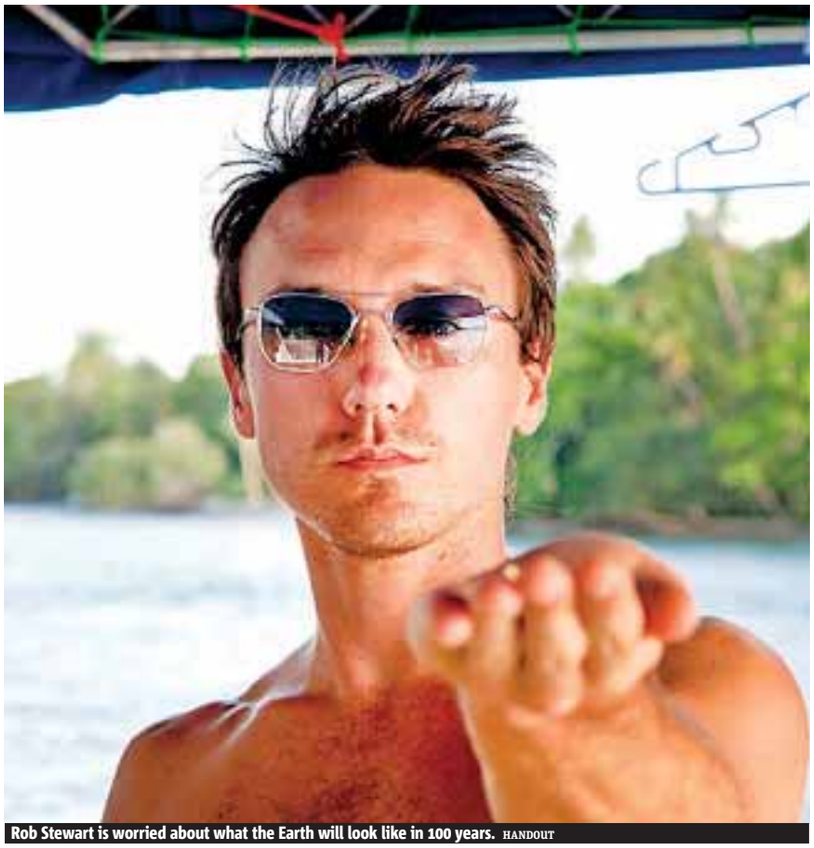
Will: Yes. All forward movement, even when it doesn't feel good, is positive.

Jaden: That's how I, Robot happened, just so you know.

Will: OK. Maybe he's right. Maybe it's not good.



I, Robot



Rob Stewart is worried about what the Earth will look like in 100 years. HANDOUT

Our survival on Earth 'is in jeopardy,' filmmaker says

Revolution. Toronto's Rob Stewart's latest film has humans in midst of another near extinction

IAN GORMELY
scene@metronews.ca

To hear filmmaker Rob Stewart tell it, global events like today's Earth Day should be viewed more as grim reminders of the tough path ahead than as a celebration.

"We're in a really delicate situation right now where our survival is in jeopardy," says the director. "We've got to do something fast."

The dire straits Stewart describes take centre stage in the Toronto native's latest film, Revolution, which lays groundwork of humanity's survival plan for the next 100 years. "We follow life as a character through 3.5 billion years of evolution," he says. "Five mass extinctions almost wiped life off the face of the planet culminating with humans in the midst of another one of these extinctions." Escapist cinema this is not.

Stewart, a wildlife photographer turned environmental activist, recognizes that fear mongering isn't the way to draw people to your cause — appealing to their humanity is. "We've got to get an emotional reaction out of the public so that they care about it," he says. "We thought that following me around as a character would be a good way to do that."

The film opens with Stewart on press junkets promoting Sharkwater, his debut film about shark finning. During this period he realized that all his efforts to save sharks would be in vain if their entire eco-system were to collapse. From there he details the effects of ocean acidification as a result of over-consumption. By the time the credits roll, Stewart is knee-deep in the fervent activist movement coalescing around efforts to stop the destruction of the environment.

Never a fan of politics, Stewart nevertheless sees activism as the place where average Joes can make a difference. "If this was a spectator sport, we would have won already. But it's not. We're going down the tubes fast."

The list of problems facing our planet — climate change, ocean-acidification — and the factors that created this situation, roll off Stewart's tongue with ease. But he's not all doom and gloom; his optimistic outlook is palpable, making him an ideal spokesperson for the cause. Yet it's the younger generation who he's banking on.

"There's an opportunity for kids to become heroes for the eco-systems that we love. And I think this generation is going to make more heroes than ever before because we're engaging in the biggest battle humanity's ever been in," he says.

"It's going to be wicked to see what happens and it's going to call the best in humanity to the height of their potential."

TORONTO 2015 Pan Am/Parapan Am

Help choose the mascot for the TORONTO 2015 Games!

TORONTO 2015 MASCOT VOTE

LEAD PARTNER
PARTENAIRE PRINCIPAL
CIBC

FUNDING PARTIES
BAILLEURS DE FONDS
Canada Ontario

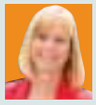
Scan Here for a behind the scenes video!

VOTE NOW. VOTE DAILY.
April 22–May 5
TORONTO2015mascot.ca

No purchase necessary. Public voting opens on April 22, 2013 at 9:00am ET and closes on May 5, 2013 at 11:59pm ET. One vote per day. Number of eligible votes received will be considered with other criteria by TO2015 to determine winner. See full rules at toronto2015mascot.ca.

Book excerpt

Family brands you shouldn't wear proudly



IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

We all know that expression "there's no such thing as bad PR." Actually, there is. (Remember Michael Richards?) And bad public relations around your family can haunt you for years at a school, in a neighbourhood or during get-togethers with relatives. Some family branding and publicity should be avoided at all costs:

• Yelling Family: One of my personal favourites — the screeching mom, the angry teenagers, the loud bursts of a daddy baritone ... love these guys. They make the rest of us feel civil and proud. Yell on, fine people.

• Late Family: No matter what you are expecting them for — school, a wedding, a family gathering, a dinner party, or picking up your kid for hockey — these folks simply cannot arrive anywhere on time. You've tried, oh you've tried ... nothing works. This is their lifestyle.

• Disaster Family: This is the family who always manages to have at least one member fall sick or get injured on a vacation; routinely has something blow up, get wet, or collapse in their house; and has the best excuses for missing school concerts (the bulldozer drove through our basement), parent-teacher interviews (the water line to the fridge exploded in my face), or the last game of the hockey playoffs (the back tire just flew off as we drove down the highway). **EXCERPTED FROM KATHY BUCKWORTH'S I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY "THE BUSINESS," PUBLISHED BY MCCLELLAND & STEWART, 2013, AVAILABLE AT BOOKSTORES EVERYWHERE.**

Exclusively online

Occasionally, mommy and her girlfriends decide it's time to delegate child care to the daddies and have a girls' night out. But things have definitely changed since those estrogen-charged nights of years past. Follow along with the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices

Making your next party a bit more kid-friendly

Event planning.
Organizing an event that pleases both parents and kids can be done — we promise

NATALIE SHURE
Metro World News in New York

With her L.A.-based company Chic Events, Rachel Hollis has dreamed up parties for every occasion. She's even managed to pick up tricks to help parents please crowds of all ages.

How can party planning be more manageable for people with small children?
Have courage; people are going to be so appreciative of anything you do! Go with your strengths. If you don't know how to cook, but make good cocktails, great! You can get the food from a local restaurant. Do the things you're good at. Give yourself wiggle room on things you're less familiar with.

How can parents involve their kids?
I like to keep them busy and out of my hair. I'll often say, "Go to the backyard and find three branches and two pretty flowers," and I'll incorporate those things into the decor. It becomes a game for them.

What is the most common party-planning mistake you've seen?
Many people don't give themselves enough time. Always be prepared.

Think of the event as two separate parties — one for adults and the other for kids. ISTOCK

New Books

Tiptoe Joe

Read along as Beaver, Moose, Turkey and other forest friends follow the quiet Tiptoe Joe and his red sneakers on a trek to see a secret nestled deep in the woods.

The Dark

The Dark features text by best-selling author Lemony Snicket with genius drawings by Jon Klassen about a little boy who learns how to live with the unknown.

Open Very Carefully: A Book With Bite!

A wily crocodile finds his way into what should be The Ugly Duckling and overtakes the pages.

Saskatchewan Liquor and Gaming Authority – Proposed Liquor Permit Application

Under the provisions of *The Alcohol and Gaming Regulations Act, 1997*

Notice is hereby given that 101224810 Saskatchewan Ltd
(Name of applicant: individual/corporation, etc)

has applied to the Liquor and Gaming Authority for a Special Use – Limousine
(Tavern/Restaurant/Special Use/ Manufacturer)

Permit to sell alcohol in premises known as Mystique Limo
(Name of establishment)

at RR 1, Zehner, SK
(civic address ie street/town)

of which the following is a correct legal description:

2006 Ford Heavy Vehicle
VIN 1FDAF56P66EA71330

Written objections to the granting of the permit may be filed with SLGA not more than two weeks from the date of publication of this notice.

Every person filing a written objection with SLGA shall state their name, address and telephone number in printed form, as well as the grounds for the objection(s). Petitions must name a contact person, state grounds and be legible. Each signatory to the petition and the contact person must provide an address and telephone number. Frivolous, vexatious or competition-based objections within the beverage alcohol industry may not be considered, and may be rejected **by the Saskatchewan Liquor and Gaming Licensing Commission, who may refuse to hold a hearing.**

Write to:

Saskatchewan Liquor and Gaming Authority
Box 5054
Regina Sk S4P 3M3

ority – Proposed Liquor Permit Application

g Regulations Act, 1997

101224810 Saskatchewan Ltd
me of applicant: individual/corporation, etc)

for a Special Use – Limousine
(Tavern/Restaurant/Special Use/ Manufacturer)

Mystique Limo
(Name of establishment)

ion:

may be filed with SLGA not more than two weeks

A shall state their name, address and telephone
or the objection(s). Petitions must name a contact
tory to the petition and the contact person must
blous, vexatious or competition-based objections
considered, and may be rejected **by the**
Commission, who may refuse to hold a hearing.

Saskatchewan Liquor and Gaming Authority – Proposed Liquor Permit Application

Under the provisions of *The Alcohol and Gaming Regulations Act, 1997*

Notice is hereby given that Leopold's Tavern Inc
(Name of applicant: individual/corporation, etc)

has applied to the Liquor and Gaming Authority for a Restaurant
(Tavern/Restaurant/Special Use/ Manufacturer)

Permit to sell alcohol in premises known as Leopold's Tavern
(Name of establishment)

at 2330 Albert St, Regina, SK
(civic address ie street/town)

of which the following is a correct legal description:

Lot 22 Block 455 Plan No. 98RA28311 Extension 0
2330 Albert St, City of Regina, Sk

Written objections to the granting of the permit may be filed with SLGA not more than two weeks from the date of publication of this notice.

Every person filing a written objection with SLGA shall state their name, address and telephone number in printed form, as well as the grounds for the objection(s). Petitions must name a contact person, state grounds and be legible. Each signatory to the petition and the contact person must provide an address and telephone number. Frivolous, vexatious or competition-based objections within the beverage alcohol industry may not be considered, and may be rejected **by the Saskatchewan Liquor and Gaming Licensing Commission, who may refuse to hold a hearing.**

Write to:

Saskatchewan Liquor and Gaming Authority
Box 5054
Regina Sk S4P 3M3

Quick and savoury: Chorizo Kale Sauté with Beans

This savoury dish comes together very quickly and makes an ideal weeknight supper.

Kale is a nutritional powerhouse that's low in calories and high in fibre as well as vitamins A, C and K.

This recipe serves four. THE CANADIAN PRESS H/O

Ingredients

- 250 ml (1 cup) water
- Pinch salt
- 50 ml (1/4 cup) pearl barley
- 350 g (3/4 lb) chorizo or Andouille sausage
- 8 sundried tomato halves, thinly sliced
- 2 garlic cloves, minced, or to taste
- 6 stalks kale
- 1 can (540 ml/19 oz) cannellini (white kidney) or Romano beans, drained
- Crushed red pepper, to taste (optional)

1. In a medium saucepan, bring water and salt to a boil. Add barley; return to a boil, then cover and reduce heat. Simmer for 40 minutes.

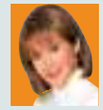
2. Heat non-stick skillet. Dice sausage and toss it into skillet, stirring to brown.

3. If dried tomatoes are very firm, soak for several minutes in warm water; drain and thinly slice. Add to skillet. Stir in garlic and sauté briefly.

4. Remove ribs from kale and thinly slice leaves. Add to skillet along with cooked barley and beans; cook until kale is slightly wilted. Sprinkle with crushed red pepper if you'd like more heat. THE CANADIAN PRESS/ GOBARLEY.COM

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

While many places are now offering on-the-run breakfast, some choices are much better than others when it comes to nutrients.

Country Style Breakfast Bagel Deluxe

500 cal/ 14 g fat/ 1,410 mg sodium

The bagel, which has few nutrients, is more dense and higher in sodium than an English muffin. The eggs are not the guilty culprit here.

Equivalent

One Country Style Breakfast Bagel Deluxe is equal in calories to nine sunny side up eggs.

Country Style Breakfast Sandwich BLT

250 cal/ 12 g fat/ 420 mg sodium

The English muffin saves you the calories, fat and sodium so you can afford to add on an egg.

Barley makes versatile loaf

Here are some ideas for serving this savoury loaf. Cut slices of this bread in half and spread with 5 ml (1 tsp) honey Dijon mustard, small piece of smoked salmon and a sprig of fresh dill. Spread slices with pâté and top with a small piece of sweet and sour pickle. Serve with an herbed soft cheese such as Boursin, goat cheese or baked brie.

1. Lightly grease a 2-l (9-by-5-inch) loaf pan.

2. In bowl, combine the whole barley and all-purpose flour, baking powder and baking soda, parsley, dill, oregano, basil, thyme, marjoram and salt.

3. In a medium bowl, mix the canola oil and honey. Add eggs and beat well; stir in yogurt. Stir liquid ingredients into the flour mixture just until moistened. Spoon into loaf pan. Sprinkle sesame seeds on top.

4. Bake in a 180 C (350 F) oven for 40 minutes or until toothpick inserted comes out clean. Let cool in pan for 10 minutes. Remove from pan and let cool on rack. THE CANADIAN PRESS/GOBARLEY.COM

Ingredients

- 500 ml (2 cups) whole barley flour
- 250 ml (1 cup) all-purpose flour
- 5 ml (1 tsp) baking powder
- 2 ml (1/2 tsp) baking soda
- 15 ml (1 tbsp) chopped fresh parsley
- 5 ml (1 tsp) dried dill weed
- 2 ml (1/2 tsp) dried oregano
- 2 ml (1/2 tsp) dried basil
- 2 ml (1/2 tsp) dried thyme
- 2 ml (1/2 tsp) dried marjoram
- 2 ml (1/2 tsp) salt
- 50 ml (1/4 cup) canola oil
- 50 ml (1/4 cup) honey
- 2 eggs
- 250 ml (1 cup) yogurt
- 5 ml (1 tsp) sesame seeds

Snack. Yogurt Barley Fruit Scones

1. In a large bowl, mix together whole barley flour, sugar, baking powder and baking soda.

2. In a separate bowl, lightly beat egg and combine with yogurt and oil; stir into flour mixture along with dried fruit.

3. With lightly floured hands, gather dough into a ball and place it on a lightly greased baking sheet. Flatten into a round about 2 cm (3/4 inch) thick. Cut with a knife to divide into 6 scones. Spread apart on baking sheet.

4. Bake in a 190 C (375 F) oven for 20 to 25 minutes or until lightly browned and a cake tester inserted in the centre comes out clean. Serve warm. THE CANADIAN PRESS/GOBARLEY.COM

Ingredients

- 500 ml (2 cups) whole barley flour
- 30 ml (2 tbsp) granulated sugar
- 12 ml (2 1/2 tsp) baking powder
- 2 ml (1/2 tsp) baking soda
- 1 egg
- 250 ml (1 cup) extra thick (Greek-style) plain yogurt
- 15 ml (1 tbsp) canola oil
- 125 ml (1/2 cup) raisins or dried cranberries

The Tidy Time Saver
Professional Cleaning Service
"Creating Free Time for Busy People"
TIDYTIMESAVER
306-546-1505
sharlashaw@tidytimesaver.com
www.tidytimesaver.com
Now Offering
Ultrasonic Blind Cleaning
306-525-2655 • www.reginablindcleaning.com

PLAY ACTIVE ROLE IN VOLUNTEERING

AT RED RIVER COLLEGE

CONTRIBUTED

Take your volunteering to a whole new level at Red River College.

For those who love to be involved in the community by giving back and playing an active role through their volunteer work, the volunteer management certificate program at Red River College will give you the training to turn your passion into a career.

"Volunteers play an important role in the success of any organization," says Gail Mireau, program manager, community service and education at the school of continuing education at Red River College.

"Someone needs to be leading these volunteers."

The volunteer management certificate trains students to manage and motivate groups of volunteers. To earn the certificate, students must complete six core courses and 72 hours of practicum or electives.

The core courses of this program include — recruitment and marketing, risk management, program planning and evaluation, interpersonal communication, and working with volunteers.

The volunteer management certificate is available through distance learning so students can enrol in this program from anywhere in Canada to earn their certificate. Practicums may also be completed outside of Winnipeg.

Graduates can go on to a number of exciting careers within a variety of different fields, such as sports organizations or in the health-care field.

"Our grads get some pretty great jobs," says Mireau, adding that a recent student secured a position with the Winnipeg Blue Bombers, handling their volunteers.

Mireau says although this career can be a rewarding one, it takes the right type of person to rise to the challenge.

"As long as you are able to keep them motivated and the volunteers are finding the work rewarding, they will work just as hard as anyone else," Mireau says.

This program is the only one like it in Canada and follows the Canadian Administrators of Volunteer Resources (CAVR) guidelines. The program is offered in partnership with Volunteer Manitoba, Manitoba Association of Volunteer Administration (MAVA), and can be used towards a CAVR designation.

Red River College is also partnered with a number of volunteer branches throughout the country.

For more information about this program, visit rrc.ca/vol.

Kelly Seifert, Volunteer and Event Staff Coordinator, Volunteer Management Certificate, 2010.

RED RIVER COLLEGE
OF APPLIED ARTS, SCIENCE AND TECHNOLOGY

Volunteer Management Certificate Program

Develop the skills to recruit, select, motivate, train and manage volunteers. Explore the key areas such as:

- Recruitment and Marketing
- Risk Management
- Program Planning and Evaluation
- Interpersonal Communication

Available by Distance Delivery.

For more information:
204.694.1789 or 1.866.242.7073 | cde@rrc.ca | rrc.ca/vol

Reach beyond
with **Continuing Education**

Be part of our unique approach to retail.

We're building our Store Team and we can't wait to hear from talented people who want to be part of a new, exciting retail experience. If you're looking for a fun, collaborative, friendly workplace with flexible hours and opportunities to grow, you'll fit right in. Discover our in-store positions including Sales Floor, Cashier, Overnight Logistics, and much more.

Apply today at target.ca/careers or visit our career fair:

Quality Inn
1717 Victoria Ave
Regina, SK S4P 0P9

Tuesday,	April 23:	8:30 am – 5:30 pm
Wednesday,	April 24:	8:30 am – 5:30 pm
Thursday,	April 25:	11:00 am – 8:00 pm
Friday,	April 26:	8:30 am – 5:30 pm
Saturday,	April 27:	6:30 am – 3:30 pm
Monday,	April 29:	8:30 am – 5:30 pm
Tuesday,	April 30:	8:30 am – 5:30 pm
Wednesday,	May 1:	11:00 am – 8:00 pm
Thursday,	May 2:	8:30 am – 5:30 pm

Join our team. Expect the best.
target.ca/careers

TARGET

© 2013 Target Brands, Inc. Target and the Bullseye Design are registered trade-marks of Target Brands, Inc.

Find success in your new setting

Don't be too shy: Some newcomers struggle with their self-confidence and tend to give yes or no answers. Elaborate and provide specific examples. ISTOCK

New world of work.
Just arrived to Canada? Here's how to prepare for your first interview

YLVA VAN BUUREN
CareerBear.com

Job interviews are stressful at the best of times, but when you are new to Canada and still figuring your way around, those interviews can be downright scary. A lack of confidence about Canadian culture and customs can make the interview process that much more challenging.

"To help with the jitters, practise your interview skills beforehand," advises Haris Blentic, manager of Dixon Hall Employment Services Centre in Toronto.

Dixon Hall is a community agency that offers mock interviews so job seekers can review their speaking skills, body language and approach to one of life's most stressful scenarios.

Check with your local employment office as more and more community agencies are offering mock interviews, says Blentic.

Here's your game plan:

Be on time
Arriving late gets you a low score before you have taken off your coat. Account for travel time. If you can, do a test run in advance. Plan to arrive 10 minutes early.

Prepare ahead
Do some research online (at the library or employment office) so you understand the job you are applying for and how to dress for success. If it's an office job, you'll need to wear the appropriate clothing. If it's a warehouse job and casual clothes such as jeans are acceptable, it's still important to look tidy. If you're short on funds, there are organizations that provide professional attire for men and women. Try dressforsuccess.org and careergear.org.

Mute it
Turn off any electronic device that you carry. "I've seen it happen where a cellphone rings and interrupts an interview," says Blentic. "That's never good form."

Make a list of your strengths and weaknesses ahead of time and be prepared to counter any weakness with a positive
For example, if you don't know how to work with a certain software program, tell the interviewer that you are a quick study. If you are still struggling with English (and don't need to be fluent for the job), be sure to say you are taking English language lessons.

Open and engaged

Connect with the interviewer

- People often shake hands when meeting for the first time. Also, maintain eye contact and good posture during the interview. Your body language should convey confidence and trustworthiness.
- Your tone of voice should be strong. There's no need to be overly deferential or view yourself as a less-than. "Remember," says Blentic, "you're interviewing them as much as they are interviewing you."

The great web of work

- Career Bear is Canada's premier source for people who want a new career but aren't sure where to start.
- Visitors to the website can browse careers by industry, salary, outlook or alphabetical listing and find job profiles, quick career facts and training programs near them.

ISTOCKPHOTO/THINKSTOCK

CANADIANS ACT FOR THE PLANET

On April 22, more than six million Canadians will celebrate Earth Day by taking part in some type of event, project or activity. Some will join in a large public event, such as Victoria's Earth Walk, Edmonton's Earth Day Festival in Hawrelak Park, or the Waterways Clean-up in Oakville, Ont. Others will participate in smaller private events organized by schools, employee groups or community centres.

Much of the credit for galvanizing environmental awareness goes to Earth Day Canada (EDC), a national charity founded in 1990. EDC designs, delivers and co-ordinates dozens of programs, projects and activities across Canada. This, in turn, sensitizes Canadians to environmental issues and encourages them to take effective action. EDC's efforts have earned it a string of awards from such groups as the Canadian Network for Environmental Education and Communication, and the Washington-based North American Association for Environmental Education.

"The key to making progress on environmental issues is partnership," says EDC president Jed Goldberg. "We partner regularly with thousands of public- and private-sector organizations across the country. Being part of a larger team inspires people to act."

Act for the Planet, EDC's primary campaign for 2013, focuses on encouraging both groups and individuals to take specific, practical steps to reduce energy consumption and promote sustainability. A calendar lists tips and links; a dedicated Facebook page offers daily challenges and community discussions. The campaign also provides teachers and students with information and support.

EDC's Eco-Kids program combines partnership with outreach and education. The program provides a wealth of resources — including lesson plans, activity sheets and other handouts — to teachers. Along with materials tailored to elementary school curricula, teachers and students can access stickers, temporary tattoos, bookmarks and posters; they can also create and share online profile pages of EcoKids schools, activities and accomplishments.

EDC also runs a program that encourages children to nurture their environmentalist spirit as they grow up. Each year, the Toyota Earth Day Scholarship Program grants 20 awards of $5,000 each for tuition, books and other expenses associated with full-time post-secondary study in Canada.

First launched in Wisconsin in 1970, Earth Day has helped spawn a generation of people aware of, and engaged in, environmental causes. Many consider it crucial to the birth of the environmental movement and to such milestones as anti-pollution legislation and the establishment of the Environmental Protection Agency in the United States.

– Ron Kassner

MINIMIZE YOUR CARBON FOOTPRINT AND LET BODY FUEL ORGANICS DELIVER TO YOU!
• Full service organic grocery store and delivery service
• Our goal is to stock your fridge and pantry with healthy choices in a convenient easy way.
OPEN 6 DAYS A WEEK
FREE DELIVERY ORDERS OVER $100
body fuel ORGANICS
1307A Ottawa Street
306.352.FUEL (3835)
www.bodyfuelorganics.ca
OPEN:
Mon, Tues, Fri 10-6
Wed, Thurs 10-8
Sat 10-4
You Can Now Order Fresh Organic Produce Online!

AWARENESS IS KEY TO SOCIAL CHANGE

Earth Day, created as an awareness-raising event more that 40 years ago, continues to inspire people to adopt new environmentally friendly habits.

When millions of people wake up on April 22 and realize that it's Earth Day, many will ask: "What difference will it make?" Yet, just by pondering the precarious state of the environment, they have answered their own question: They are aware. Millions of us are aware. And that makes all the difference in the world.

As history demonstrates, awareness is the vital first step in bringing about change. For decades, second-hand smoke was quietly tolerated. As more and more people became aware of the dangers of cigarette smoke, however, the clean-air movement was born. Activists formed groups and coalitions, rallied the general public to their cause and inspired governments to ban smoking from public places.

The fight against racism has also been a long struggle and the progress made to date has been inspired by the public's growing awareness of the issues at stake. We have made great strides since the far-off days of slavery and the not-so-far off days of segregation and blatant discrimination. In 1955, Rosa Parks refused to give up her seat on a bus in Montgomery, Ala., to a white man. Her fight for justice soon became a national story across the U.S., and society took notice. The civil rights movement gained momentum, and attitudes towards racial intolerance began to change.

JUPITERIMAGES/BRAND X PICTURES/THINKSTOCK

As the spotlight shines ever more brightly on the harmful practices of corporations, the wasteful ways of citizens and businesses, and the high-consumption habits of Western society, environmental awareness continues to grow. Gradually, the old ways of doing things are less and less acceptable.

We can be proud of the efforts of Earth Day organizers and volunteers to raise awareness of the problems facing the environment. But now that we're aware, what's next? That's where the real test begins. We must apply what we know to our day-to-day lives; we must take the concrete, practical steps that we know can reduce our environmental footprint. Awareness must inspire us to take action.

– Ron Kassner

CONSIDER THESE EARTH DAY ACTIONS

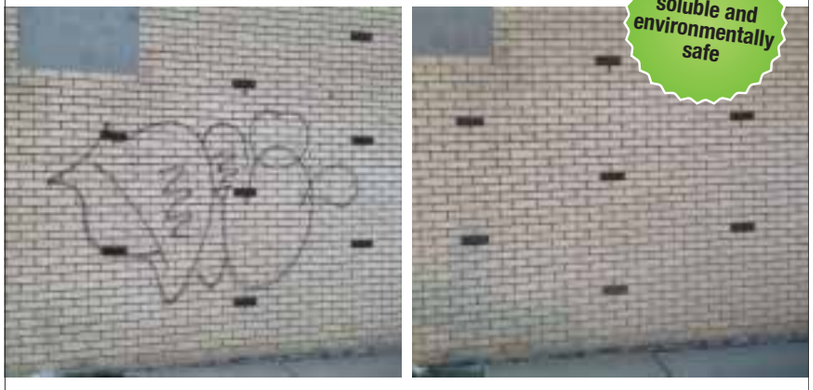
Here are just a few tips from the Act for the Planet 30-Day Challenge Actions Calendar.

GET RID OF DRYER SHEETS — They are full of toxins, expensive and unnecessary.

LITTERLESS LUNCHES — Invest in reusable containers, utensils, thermoses and cloth napkins for the whole family. Use your travel mug at the local café.

START A VEGETABLE GARDEN — Whether it's in a few containers on the balcony or in a section of the backyard, grow some of your produce own this summer.

ECOBLAST CANADA LTD



WHAT IS SODABLASTING?

Sodablasting is a non-destructive method for many applications in cleaning, paint stripping, automotive restoration, industrial equipment maintenance, graffiti removal, molecular steel passivation against rust, oil removal by saponification and translocation, masonry cleaning and restoration, soot remediation, boat hull cleaning and food processing facilities and equipment cleaning.

306.539.9879
info@ecoblastcanada.ca www.ecoblastcanada.ca

Demand Janitorial Equipment and Repair Ltd.
"Providing all of your janitorial needs locally!"

ECO-Friendly Cleaning Supplies & Accessories

Repairs on Any Make or Model of Janitorial Equipment

NEW & USED Janitorial Equipment

120 Dewdney Ave. E
306-775-3624
www.demandjanitorial.ca

Blade Whitequill,
Sales & Leasing Consultant

It's Better at Bennett

We'll help you go green

C-MAX HYBRID

- Powersplit architecture allows the vehicle to drive in either electric mode, gas mode, or a combination of both
- C-MAX Hybrid battery air cooling system helps maximize battery life
- Efficiency Coach screens help you maximize your vehicle's efficiency while driving

71 MPG* CITY | 69 MPG* HWY

1.6L ECOBOOST ESCAPE

- The fuel economy of a small engine with the performance of a much larger one
- Environmentally-conscious materials for the interior
- Select Shift Transmission for optimum fuel economy
- Aerodynamic design

31 MPG* CITY | 47 MPG* HWY

FUSION HYBRID

- Seamless transitions for electric mode to gas engine
- SmartGauge® cluster with EcoGuide to help you monitor driving efficiency
- Regenerative braking recovers energy normally lost to friction
- Available Auto Start-Stop saves on fuel and reduces emissions

47 MPG* CITY | 47 MPG* HWY

306.522.6612 · bennettdunlopford.com
770 Broad Street, Regina

Ford BennettDunlopFord
Driving Change

* Fuel consumption ratings based on Government of Canada approved test methods. Actual fuel consumption will vary. Refer to "Specs" portion on ford.ca of applicable vehicle page for engine and transmission details.

RECYCLE WITH STYLE AT VALUE VILLAGE

Shopping and donating at Value Village provides a great way for customers to reduce, reuse and recycle.

There are many ways consumers can make small changes in their daily habits in order to have a positive impact on the environment, from switching to energy-efficient light bulbs and eco-friendly cleaning products to carrying reusable shopping bags. What many don't realize is that one of the easiest ways to "go green" is by shopping thrift. When you shop at Value Village stores and donate reusable items to its non-profit partners, you are keeping goods out of landfills and giving pre-loved treasures a brand new life.

"We know that families across Canada are clearing out their clutter and getting organized with spring cleaning," says Tony Shumpert, vice-president of recycling operations for Value Village. "By donating these items, instead of simply throwing them away, you can give back to your community and save quality goods from polluting the Earth. In fact, Value Village operates one of the largest recycling programs in the world, saving more than 600 million pounds of goods from landfills last year alone."

So how does it work? Every Value Village location partners with a charitable organization in its community, including Canadian Diabetes Association and Saskatchewan Institute on Community Living. All year round, each store pays its non-profit partner for every donated item, including clothing, housewares, books and more. Over the past 10 years, Value Village has purchased more than $1.5 billion of goods from its partners — turning otherwise unused items into sustainable funding that supports the non-profit's vital community programs and services.

CONTRIBUTED

FRESH AND EVER-CHANGING SELECTION

Shopping thrift is a great way to snag fashionable clothing and one-of-a-kind accessories, collectibles, books and household items for a bargain. Value Village purchases its merchandise from more than 60 non-profit offices across Canada, which allows each store to stock nearly 100,000 items on its sales floor each and every day. So the selection is ever-changing and always fresh.

The highest quality items are priced at a great value and displayed on Value Village's sales floors for purchase, while merchandise not suitable for resale is responsibly recycled.

Residents with clothing or household goods to donate can call participating non-profits for a home pickup or drop off their items at convenient Community Donation Centres located at every Value Village store.

For more on Value Village's non-profit partnerships and recycling efforts, or to find a Community Donation Centre near you, visit valuevillage.com.

Good things come from a donation.

Save 30%

When you donate two bags or boxes of reusable clothing or household items at the Community Donation Centre located at Value Village! Now thru May 4, 2013. Value Village pays local nonprofits every time you donate, and recycling helps planet Earth! Thank you!

Offer good now thru May 4, 2013. One coupon per visit. Minimum two box/bag requirement. Each box/bag must be equal to or larger than one full brown paper grocery store shopping bag. See coupon for details.

Donations Benefit:

Canadian Diabetes Association

Saskatchewan Institute on Community Living Inc.

Donate at:

ValueVillage

There's a

World of Good

in Just One Store!

When you shop and donate at Value Village, you're helping to support planet Earth … **and some really great nonprofits too.**

In this area your donations benefit :

Canadian Diabetes Association

Saskatchewan Institute on Community Living Inc.

Donate at:

ValueVillage

valuevillage.com

Prince Albert #380 - 800 - 15th St E, Cornerstone Mall · (306) 922-5870 • **Regina** 1230 Broad St · (306) 522-1228
Saskatoon 2115 Faithful Ave · (306) 668-6161 • **South Saskatoon** 302 Cope Lane · (306) 955-8702
Yorkton 277 Broadway St East, Suite 33A · (306) 783-0740

Glenn Howard, far right, celebrates Sunday's Players' Championship final win with teammates Craig Savill, left, Brent Laing and Wayne Middaugh on Sunday at the Mattamy Athletic Centre in Toronto, formerly Maple Leaf Gardens. MARTIN BAZYL PHOTOGRAPHY

Howard proves to be unbeatable in T.O.

Curling. Four-time world champion tops Winnipeg's McEwen on final shot of season

Glenn Howard capped the curling season in style Sunday by hitting a clutch double takeout with his final shot to win the Players' Championship at the Mattamy Athletic Centre in Toronto.

He also let the stacked field know that he just might be the skip to beat at the Olympic trials later this year.

Howard, from Coldwater, Ont., scored two in the final end for a 4-3 victory over Winnipeg's Mike McEwen in the final Grand Slam event of the season. Howard won all seven of his games against a field that included top domestic and international competition.

"We're as good as anybody right now," Howard said. "I can't wait to get out to those trials in December and see if we can let the old guys keep playing."

The 50-year-old skip and teammates Wayne Middaugh, Brent Laing and Craig Savill have been strong again this season after an excellent 2012 campaign. Howard won the Tim Hortons Brier last year and followed it up with his fourth world title.

Quoted

"Only one team gets to win their last game and that happens to be us this year. So, yeah, it's awesome."

Glenn Howard's teammate Brent Laing

He owns top spot on the World Curling Tour's Order of Merit and took the bronze at the recent national playdowns. Winning the last Grand Slam event was a nice way to head into the summer.

"This is a big event, this is 15 of the best teams in the world and we just won it," Howard said. "So it doesn't get any better. This is harder to win than the Brier, this is harder to win than the worlds as far as I'm concerned because you've got all the best teams here.

"So to win it, you're pumped."

THE CANADIAN PRESS

NHL

Nugent-Hopkins done for season

Edmonton Oilers forward Ryan Nugent-Hopkins will miss the remainder of the season due to a shoulder injury, the club announced Sunday.

The team said on its Twitter account that Nugent-Hopkins is flying to Cleveland to have his shoulder examined and that surgery is likely.

THE CANADIAN PRESS

MLB

Angels tame Tigers in 13th inning

Mark Trumbo homered leading off the bottom of the 13th inning and Albert Pujols doubled home two runs, leading the Los Angeles Angels to a 4-3 victory over Detroit on Sunday for their second straight series sweep of the Tigers.

Trumbo drove a 3-1 pitch into the top part of the double-decker bullpen in left-field for his second homer of the season.

THE ASSOCIATED PRESS

Playoff-bound Leafs

"It's playoff hockey. Especially for our city, it's been a little while so I know they're anxious for (the playoffs), they're ready for (the playoffs.)"

Toronto goalie James Reimer after the Maple Leafs clinched a playoff spot for the first time since the 2003-04 season with a 4-1 win over the Senators in Ottawa on Saturday night.

Rangers wipe out Devils' playoff hopes

Rangers players celebrate a goal scored by Ryan Callahan past Devils goalie Martin Brodeur in New York Sunday. SETH WENIG/THE ASSOCIATED PRESS

The New York Rangers insist they are focused much more on their drive toward the playoffs than ending the New Jersey Devils' post-season hopes.

With a thorough 4-1 victory Sunday, the Broadway Blueshirts took care of both.

Ryan Callahan scored a goal in the opening minute and another in the third period, and Henrik Lundqvist made 26 saves as the Rangers eliminated the Devils from the Eastern Conference playoff race.

Callahan provided the lead 34 seconds in, Derek Stepan added a goal in the first period, and Taylor Pyatt snapped a long drought in the second for the eighth-place Rangers, who are inching closer to a playoff berth.

"It's always nice to beat them," said Brad Richards, who had two assists. "It was a big win for us. They're out now, but that's not why we were playing. We were playing because we need to stay alive. Now we're down to nine teams, so the odds are better."

Of the teams behind the Rangers, only Winnipeg can catch them. New York is even in points with seventh-place Ottawa, but the Senators have four games remaining — one more than the Rangers. Winnipeg is three points behind with three games left.

New York has won three straight and is 8-2-1 in its last 11. After a trip to Florida and Carolina, they will wrap up their season at home Saturday against the Devils.

THE ASSOCIATED PRESS

Horoscopes

♈ Aries
March 21 - April 20
There is something you must do but you are not looking forward to it one little bit. Don't worry.

♉ Taurus
April 21 - May 21
If you break the rules today others will judge you in a way that may not be fair, but you will only have yourself to blame. You know what is and is not permissible, so think before you act.

♊ Gemini
May 22 - June 21
You may have got a rival right where you want them but now you are in control of the situation ask yourself, do you really want to make them suffer? You've won already

♋ Cancer
June 22 - July 23
You may be worried that a plan of some kind is not working out the way you expected but don't start changing things around just yet.

♌ Leo
July 24 - Aug. 23
Is your sixth sense telling you that a loved one needs your help? Well it should be and if it isn't it means you are too wrapped up in your work to notice

♍ Virgo
Aug. 24 - Sept. 23
It seems you have been letting your fears get the better of you and if you allow it to continue it will affect your mood all week long. Don't let it happen. The world is still pretty marvelous – and so are you.

♎ Libra
Sept. 24 - Oct. 23
It seems you have been letting your fears get the better of you and if you allow it to continue it will affect your mood all week long. Don't let it happen.

♏ Scorpio
Oct. 24 - Nov. 22
Your money problems may be worrying but they are not as bad as you think. In fact over the next few days there will be signs that you are over the worst.

♐ Sagittarius
Nov. 23 - Dec. 21
You need to identify your most important goal and focus on it to the exclusion of everything else.

♑ Capricorn
Dec. 22 - Jan. 20
You need to identify your most important goal and focus on it to the exclusion of everything else. Most of all though you need to stop worrying about what the future may bring.

♒ Aquarius
Jan. 21 - Feb. 19
Do you do something worthwhile or do you do something purely for fun? That is the question you are struggling with but you can have it all you know. Make time in your life for the meaningful and the mundane.

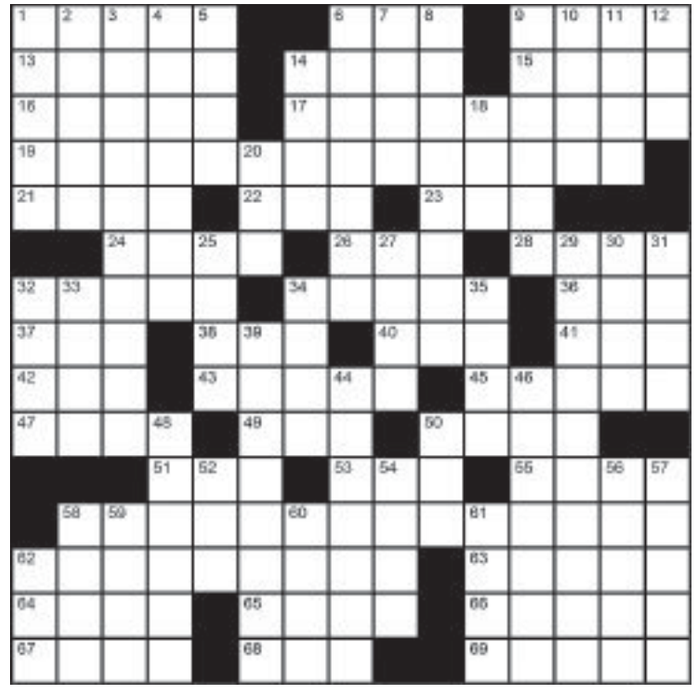
♓ Pisces
Feb. 20 - March 20
You must let other people know how you feel today. If you don't they may assume you have no feelings towards them at all, and that's a recipe for disaster.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



Across

1. Puffed product
6. Raptors' venue, commonly
9. Wind blast
13. "Kukla, Fran and __"
14. "Two guys walk into _ __..." (Joke intro)
15. 'Origin' suffix
16. Corporate jets
17. __ Falcon (Bird of prey)
19. Star couple's torn photo headline: 2 wds.
21. 'N' of CSNY
22. 'Bomb' add-on (Pompous talk)
23. "__ _ recall..."
24. Neat
26. Eithers partners
28. Single-reed instr.
32. Rubbish
34. Bichon __ (Small dog breed)
36. Rock producer Brian
37. Greedily take
38. Prefix to 'centre'
40. Not opposin'
41. Classic music gr. in Canada's largest city
42. 1 ...spelled-out
43. Centre point
45. Old Irish alphabet
47. Singer Mr. Anthony
49. Form of theatre in Japan in which masks are worn
50. 'Ab' add-on (Soak up)
51. Carly Jepsen link
53. Diving bird
55. Highlands tongue
58. Element of Canada's Economic Action Plan 2013: 2 wds.
62. They dot the shores of The Great Lakes: 2 wds.
63. Tyler Perry character
64. 'Synth' suffix
65. Greek Myth: Earth goddess [var. sp.]
66. Won, but just barely
67. "Fancy that."
68. This season [abbr.]
69. Highway-crossing animals

Down

1. Filmdom's Mr. Farrell
2. "_ __ _ goal in." (Goaltender's reality)
3. "Don't Forget Me (When I'm Gone)" band: 2 wds.
4. Goodyear Blimp, for one
5. Breathing, for short
6. Hoodlum helper
7. Autos
8. Icy hazard on Mount Everest
9. Roasted __
10. Gas or elec., e.g.
11. Loudness of sound unit
12. Three, in Tuscany
14. Sacred bull of ancient Egypt
18. WWII soldiers
20. Set down
25. Judge
27. Great __ Valley
29. Alberta city
30. Vase's looped handle
31. House's one-of-some
32. Mr. Yorke, Radiohead singer
33. Canadian hardware store
34. Doggie
35. 'Switch' suffix
39. What 'knotty' cabins are built from: 2 wds.
44. Canadian actor, William __
46. Explosive song by Bruno Mars
48. Mark of "This Hour Has 22 Minutes"
50. Music style
52. Ctrl, Shift, __
54. Constellation, __ Major
56. Smile scornfully
57. "Blimey!"
58. __ __ speak
59. Mr. Kristofferson
60. Give and take
61. Chatted, with AOL
62. Classify, informally

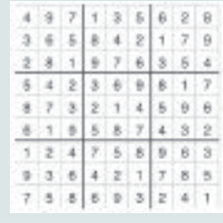
Friday's Crossword

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

5	2		1	3				
		4	6	8				7
3					2	4	5	
1		9			8		2	
	8		3		9		4	
	3		2			8		9
	9	3	5					4
6				4	3	1		
				2	6		7	5

Friday's Sudoku



Your Health Food Store and so much more...

OLD FASHION FOODS

GRAND OPENING

Sat. April 27
9am-6pm

2013 Consumer Choice Award Winner for Health Food Store in Regina

Stock up on Spices, dried fruits and nuts

Your #1 stop for Supplements, Organic Foods and cosmetics

We have knowledgeable staff available to help answer your questions everyday.

2425 Quance St. E.

FREE Gift Bag to the first 200 People
2425 Quance St. E. location

BBQ Hot Dogs, Veggie Dogs
Proceeds to Hawrylak School Grade 8 Class
2425 Quance St. E. location

Pick 2 Products and get 20% OFF Reg. Price
Sat. April 27 Only
In-stock only.
At all locations.

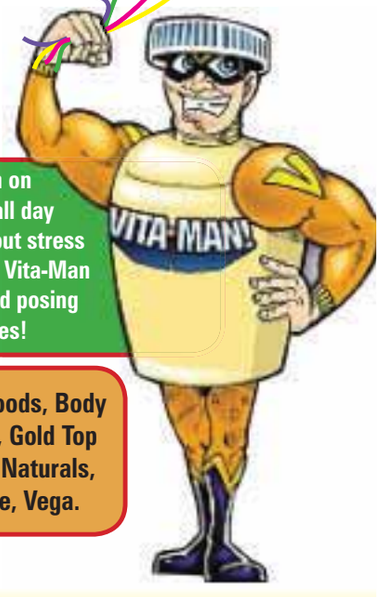
Product Reps Demoing & Answering Questions at all locations all day

ENTER TO WIN

GREAT PRIZES AT ALL REGINA STORES!

GRAND PRIZE:
A Fabulous Relaxation Pkg. at Temple Gardens Mineral Spa:
Includes 2 nights stay, 2 breakfasts, 2 Dinners, $75 Spa Certificate and More. (Awarded in Gift Cards)
Prize courtesy **NOW Foods**

2ND PRIZE:
iPad** courtesy **Prairie Naturals



Vita-Man on location all day handing out stress footballs, Vita-Man Buck$ and posing for pictures!

Gift Baskets, Gift Certificates and other prizes donated courtesy of: AOR, A. Vogel, Ascenta, Avena Foods, Body Plus, Canprev/Orange Naturals, Carlson, Celiac Choice, Christmas Naturals, Ecoideas, Elk Velvet Antler, Enerex, Flora, Gold Top Organics, Herbasante, Joy of the Mtns., Natural Factors, Nature's Aid, Nature's Way, NOW Foods, Organika, Platinum Naturals, Prairie Naturals, Progressive, Quench Essentials, Renew Life, Sage Valley, Silver Mtn., True North, Lorna Vanderhaeghe, Vega.

All draws will be made on Tuesday, April 30, 2013. Winners will be notified by phone.

OLD FASHION FOODS LTD.

6 Convenient locations to serve you! (REGINA & WEYBURN) **NEW Location: 2425 Quance St. E.**

Your Health Food Store and so much more... Old Fashion Foods.

FREE DELIVERY on orders over $25, weekday afternoons

www.oldfashionfoods.com

Head Office Ph: 352.8623

Scan QR Code for Specials